

5 dass du gerade hierher gezogen bist? _____

6 dass du dich auf das Wochenende freust? _____

7 dass du verlegen warst, als dein Handy klingelte? _____

8 „Weiter so!“ _____

3 WORDS What you should eat and drink

____/6

Here's some information from the health club about healthy food. Read the text and fill in the missing words from the box. There are four more words than you need.

vitamins • junk food • doctor • chance • mostly • carrot • meat • lunch box • cereals •
helpless • sugary • forget about • less • already • everything • dessert

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You should eat more healthy food. Start your day with some _____.

Do you have a _____ in your school bag? Well, open it and look inside: is _____ in it healthy? What about a sandwich, some salad and a _____? You should _____ drinks like cola.

_____ drinks are not good for you. Water is much better.

Eat lots of vegetables. _____ like hamburgers is unhealthy too.

And you should eat _____ chocolate. Do you eat enough fruit?

There are many different _____ in fruit. Choose fruit when

you have the _____. An apple or a banana makes a good

_____ after your lunch. Don't forget: an apple a day keeps

the _____ away.

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